



CENTRAL YORK JR

2021/22

MEDIA GUIDE



FOREWORD



Contact Information:

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As Head Coaches, Assistant Coaches and Scouts we would like to thank you for your interest in our program and our players. Head Coach Steve Dempsey who started back in 2019/20 taking over the Head Coach role for the Central York Jr Panthers has based his program on developing impact players for the next level. He has worked extremely hard over the past 2 seasons on recruiting and player development within the organization. Coach Dempsey is going into his third season and he believes that this program is on the right track and scouts are commenting on the "Gold Medal Habits" that are on full display each time this program steps onto the ice. Not only is he coaching the Junior Panthers, but two years ago he was also hired to become the Coach Mentor and Skills Coordinator for the Central York Panthers organization. Before coming to the Central York Panthers organization, he was an Assistant Coach at York University for 11 seasons. Coach Dempsey has worked with many great coaches and teams over the years and has the right vision for what it takes for a player to be an impact at the NCAA and USports level.

After the first season where Coach Dempsey only had 2 players returning players, the second year saw 10 players returning and lots of potential building. Coach Dempsey has put together a comprehensive program that will prepare these players mentally, physically, tactically, and technically for success at the next level. "I will judge my success by their success. I want to create a program of destination and develop not only great players but also great leaders for NCAA and USports teams". The players have created their own profiles, in the Media Guide, which have been reviewed by team staff to ensure accuracy. We thank you in advance for taking a look at our player profiles and encourage you to reach out to Coach Dempsey if you have any questions in relation to our players or our team.

As you know, there are many intangibles which are difficult to pick up from a statistical or biographical player summary or assess from the limited number of games that you are able to attend. Please note that you can have full confidence that any additional evaluation that Coach Dempsey and the rest of the non-parent team staff provide will be completely objective. They are more than happy to offer any further information about the players/families under consideration for your program. Thanks for your interest and we look forward to your inquiries as you move forward with your scouting and recruitment process



TOURNAMENTS



2021 Stoney Creek University Showcase

October 15th – 17th, 2021

Stoney Creek, ON

https://scgha.com/Tournaments/1199/October_Showcase/

Kitchener / Waterloo - USA Canada Cup

December 3rd – 5th, 2021

Kitchener and Waterloo, Ontario

<http://www.kitchenerwaterlooranglers.com/news/detail.aspx?item=4139f328-dfcb-43c0-8dcb-8743be28ec24>

Mississauga Hurricanes Winter Showcase

January 7th – 9th, 2022

Mississauga, Ontario

<https://gfts.ca/events/event/mississauga-hurricanes-winter-classic-tournament/>



Central York JR Panthers

2021/22



SCHEDULE



DOW	Date	Time	Home	Away	Location
Saturday	2021-10-23	1:45:00 PM	Central York	North York	Stronach Aurora Recreational Complex
Sunday	2021-10-24	1:15:00 PM	Central York	Barrie	Stronach Aurora Recreational Complex
Saturday	2021-10-30	6:00:00 PM	Whitby	Central York	Iroquois Sports Park Centre #1
Sunday	2021-10-31	2:30:00 PM	Barrie	Central York	East Bayfield
Saturday	2021-11-06	6:00:00 PM	Whitby	Central York	Iroquois Sports Park Centre #1
Sunday	2021-11-07	1:15:00 PM	Central York	Toronto Aeros	Stronach Aurora Recreational Complex
Friday	2021-11-12	8:00:00 PM	Toronto Aeros	Central York	Sports Village
Sunday	2021-11-14	4:15:00 PM	North York	Central York	Canlan York, Rink #3
Saturday	2021-11-20	7:30:00 PM	Leaside	Central York	Leaside Memorial
Sunday	2021-11-21	1:15:00 PM	Central York	Leaside	Stronach Aurora Recreational Complex
Saturday	2021-11-27	8:00:00 PM	Durham West	Central York	Ajax Community Centre #1
Saturday	2021-12-11	5:30:00 PM	Toronto Aeros	Central York	Sports Village
Sunday	2021-12-12	1:15:00 PM	Central York	Toronto Aeros	Stronach Aurora Recreational Complex
Wednesday	2021-12-15	7:30:00 PM	Central York	Leaside	Stronach Aurora Recreational Complex
Sunday	2021-12-19	4:15:00 PM	North York	Central York	Canlan York, Rink #3
Saturday	2021-01-16	2:30:00 PM	Barrie	Central York	East Bayfield
Saturday	2021-01-23	1:15:00 PM	Central York	Whitby	Stronach Aurora Recreational Complex
Friday	2021-01-29	8:00:00 PM	Durham West	Central York	Ajax Community Centre, #1
Saturday	2021-01-30	1:15:00 PM	Central York	Barrie	Stronach Aurora Recreational Complex
Saturday	2021-02-06	5:15:00 PM	Central York	Barrie	Stronach Aurora Recreational Complex
Friday	2021-02-12	1:45:00 PM	Central York	North York	Stronach Aurora Recreational Complex
Friday	2021-02-19	1:45:00 PM	Central York	Durham West	Stronach Aurora Recreational Complex
Saturday	2021-02-20	12:30:00 PM	Leaside	Central York	Leaside Memorial
Friday	2021-02-26	1:45:00 PM	Central York	Whitby	Stronach Aurora Recreational Complex
Saturday	2021-02-27	1:15:00 PM	Central York	Toronto Aeros	Stronach Aurora Recreational Complex
Friday	2021-03-05	5:15:00 PM	Central York	Durham West	Magna - Pfaff
Saturday	2021-03-06	4:15:00 PM	North York	Central York	Canlan York, Rink #3
Friday	2021-03-12	1:45:00 PM	Central York	Whitby	Stronach Aurora Recreational Complex
Saturday	2021-03-13	1:15:00 PM	Central York	Durham West	Stronach Aurora Recreational Complex
Saturday	2021-03-20	1:15:00 PM	Central York	Leaside	Stronach Aurora Recreational Complex



Central York JR Panthers
2021/22



ROSTER



		Goalies
1	Brooke Vaccari	2004
49	Rebecca Morrison	2004
		Defense
2	Ahalya Julien-Medeiros	2004
8	Mackenzie Keenan	2004
9	Nikki Nayak	2005
22	Lauren McEachen	2004
65	Hannah Clarke	2005
77	Brianna Winter	2004
		Forwards
3	Ava Flint	2004
6	Mikayla Cranney	2005
16	Abby Lunney	2005
19	Lauren Brulotte	2004
24	Alexa Giantsopoulos	2004
27	Kaitlyn McKnight	2003
55	Kayla Kondo	2005
88	Makenna Slocum	2005
95	Zoe Frantz	2004
99	Gaby Gareau	2004



Central York JR Panthers
2021/22



HEAD COACH



STEVE DEMPSEY



Steve Dempsey will be going into his third season with the U22 AA team in May 2021. Steve has focused his energy on both recruiting and building an elite home-grown high performance program that offers players the opportunity to train and practice in a unique pre-university setting. Focusing on family core values like accountability, selflessness, attitude, and respect he is determined to build a program that resonates with like minded character focused players.

Previous to taking on this position, he was an assistant coach for 12 years with the York University Lions women's hockey team beginning in 2009 working with Dan Church, the former Canadian Olympic Coach.

Steve was responsible for taking the lead role with the defense and the penalty kill units. Under Steve's guidance he has helped several defenders receive Ontario and Canadian First and Second Team All-star positions. The penalty kill unit was ranked as one of the top 5 penalty kill units in the country twice during his time at York.

In addition to his work with the Lions, Steve has been a Head Coach with the Ontario Women's Hockey Association High Performance U16 and U18 programs. In 2014 and 2019 his team went undefeated during the summer development camp.

Internationally, he has also worked with the New Zealand National Women's team program as a mentor coach. In 2012 he helped New Zealand to their best IIHF World ranking and their best finish at the IIHF World Championships.

Steve Dempsey is a fully certified NCCP HP1 and HP2 level coach and has been certified in Hockey Canada's High Performance Program. Steve has been coaching for over 35 years in competitive, house league, and high school settings in hockey, soccer, and softball.



Central York JR Panthers

2021/22



STAFF



JAMIE DAILEY Assistant Coach



Jamie is a lifelong Panther having played in Aurora from Novice through to Intermediate AA (Junior) as a defenseman.

In 2009, she earned a full scholarship to D1 Robert Morris University where she was named Rookie of the Year. Throughout her college hockey career, she set program records including most goals and most blocked shots in a single season by a defenseman. The team won the CHA Conference Championships in the 2011-2012 season with Jamie named Assistant Captain the following year.

In her final school year, Jamie earned All Academic Team honours, proving herself a success both on and off the ice. After graduating, Jamie became an Assistant Coach for the York University Women's Hockey Team for two seasons before committing to Central York's Midget AA program for four years. Now, in her 6th year of coaching, she serves as an Associate Coach with our U22 Junior program where she works closely with the defensive core. Jamie has also taken on a mentoring role with the leadership groups with the Panthers High Performance program (PHP). In October 2017, Jamie was inducted into the Richmond Hill Sports Hall of Fame.

Brianna Rice Assistant Coach



Brianna grew up being a Panther and played 12 great years in our organization. Through her hard work and dedication she earned a scholarship and played in the NCAA at Oswego State where she was second on her team in points and near the top in several career categories.

Brianna finished her University career playing for Western University and was a member of their National Championship Silver Medal team in her final year.

After graduating, Brianna wanted to pursue her passion for coaching and was the first Female Assistant Coach in the Greater Metro Jr. A Hockey League for the Tottenham Steam.

Brianna is excited to continue her coaching development with the organization that she grew up in.



Central York JR Panthers

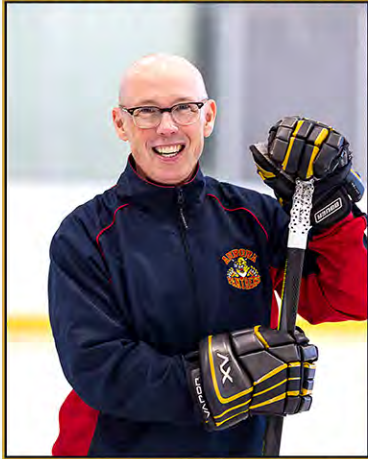
2021/22



STAFF



MARK DUBEAU Assistant Coach



Mark is entering his 15th season coaching for the Panthers organization, at every level from Novice House League to Intermediate AA. Mark is D1 Certified and has been an assistant coach with the Jr Panthers for the past three seasons. Mark has also served on the CYGHA Board of Directors and Executive for the last five years and is currently the Vice-President of Rep hockey. He has also been involved in coaching with the Aurora Minor Hockey Association and the Aurora Youth Soccer Club. He has played hockey most of his life, including several seasons at the Junior level. Aside from hockey, Mark is an avid golfer and is co-founder of an Information Technology consulting firm that provides business intelligence solutions to telecommunications companies around the world. He strives to create a positive and fun learning environment for players and to share his passion and enthusiasm for the game.

TAYLOR DAVISON Assistant Coach



Taylor is excited about joining the Panthers coaching family. After dedicating herself to gymnastics for the Canadian National Gymnastics team she turned all of her focus to hockey.

Taylor rapidly moved up the hockey ranks and eventually secured a spot with the Burlington Barracudas PWHL team. She was one of the top defenders in the PWHL and went on to play for the York University Lions. Taylor received several Ontario University Athletics (OUA) honours while at York including OUA Rookie of the Year and most points by an OUA defense in her last year. In that final year she led the York Lions to a National ranking from start to finish and won the Silver Medal in the OUA playoffs.

Once she graduated she knew that she wanted to continue to work with High Performance athletes and share her knowledge. Taylor is so happy to be joining such an accomplished group of coaches in the CYGHA. Taylor is part of the incoming NWHL draft and hopes to combine coaching with playing professionally this year.



Central York JR Panthers
2021/22



1 Brooke Vaccari



Goalie | 5'7" | 140 LBS. | Shoots Left
Born: 2004 | Georgetown, ON | Grad 2022



Previous Team: Brampton Canadettes Midget AA
School: Georgetown District High School
Current Average: 80%
Academic Interest: Firefighter, sports trainer

About Myself: I have been playing hockey since I was 4 years old and fell in love with it. The first time strapping my pads on I knew I would be a goalie and I haven't looked back since. This will be my first year playing for the Central York Panthers and I couldn't be more excited. These group of girls make you feel welcome and push you to be better and I'm excited to be apart of that. I will contribute by pushing myself along with my teammates in order to be the best version of ourselves. I am also a competitive and hard working player that wants to grow as an individual and hockey player. I am a strong 80s average student that has received honour roll my first 2 years of high school, and intend to for my last as well. I was awarded with the athlete of the year. I enjoy being apart of and contributing to the sports teams at my school such as, volleyball, field hockey, soccer and hockey. I can't wait for the opportunity to teach minor hockey players all that I have learned from this amazing game.



2019-20 Team	Level	GP	GA	GAA	SV %
Brampton Canadettes	U18AA	21	27	1.31	0.935



Central York JR Panthers
2021/22



49 Rebecca Morrison



Goalie | 5'8" | 145 LBS. | Shoots Left
Born: 2004 | Toronto, ON | Grad 2022



Previous Team: Central York Jr. Panthers
School: Lawrence Park Collegiate Institute
Current Average: 86%
Academic Interest: Criminology, Psychology, Philosophy

About Myself:

I am a resilient, confident goalie who is always focusing on ways to improve her game. I have always led an active lifestyle but sports has given me the chance to channel my competitiveness into something productive. I have been playing hockey for almost my entire life, I started skating when I was 2 and I first put sticks on ice when I was 4. I enjoyed playing all the positions but as the years passed, I grew to love being a goalie. I played a variety of school sports, such as cross country, track and field, field hockey, and ultimate frisbee. I also played lacrosse for a few years and I enjoyed it immensely. Before my U18AA season in 2019, I was selected to compete in the OWHA U16 High Performance Camp and it showed me an entirely new aspect to what the game could look like. In the classroom, I excel in topics relating to the languages and the social sciences. I achieve grades at the honour roll level and, over the years, I have learned how to effectively balance school, hockey, and personal time. In the future I look forward to attending university and studying criminology. I hope to continue to help grow the game by coaching and advocating for women in sports.

2019-20 Team	Level	GP	GA	GAA	SV %
Vaughan Flames	U18AA	52	134	2.57	0.929



Central York JR Panthers
2021/22



2 Ahalya Julien-Medeiros



Defense | 5'9" | 160 LBS. | Shoots Right
Born: 2004 | Toronto, ON | Grad 2022



Previous Team: Central York Jr Panthers
 School: Notre Dame High School
 Current Average: 84%
 Academic Interest: Nursing

About Myself: I fell in love with the game at 4 years old, and since then I show up to the arena with a smile on my face. This is my second year with Central York and my second year in the PWHL. My style of play is I'm an 2 way defense, I love to create and join rushes, play all 200 feet of the ice, and I have very strong communication skills on and off the ice.

I join various school sports like cross country, track & field, and hockey. I will be continuing my hockey career at Ryerson University while wanting to study Nursing. After my years at University, I hope to play Professionally, at the National level, and become a Nurse Practitioner. I hope that I can help grow the game and inspire younger girls to play, with less barriers. Also, my name is pronounced A-HAY-LEE-YUH.



Committed



2019-20 Team	Level	GP	G	A	Pts
Toronto Aeros	U18AA	64	12	20	32



Central York JR Panthers
2021/22



3 Ava Flint



Forward | 5'7" | 135 LBS. | Shoots Left
Born: 2004 | Peterborough, ON | Grad 2022



Previous Team: Central York Junior Panthers
School: St Peter Secondary School
Current Average: 86 %
Academic Interest: Education, Health and Nutrition

About Myself: Hi! My name is Ava Flint, I just turned 17 and I have been playing hockey since I was 3 years old. I am from Peterborough, Ontario and grew up playing for the Peterborough Ice Kats. I am excited to be playing in the PWHL for Central York and look forward to representing the Panthers. Not only do I love hockey but I enjoy playing several other sports. I play hockey, basketball and soccer for my high school and have fun playing beach volleyball in the summer. I work hard to achieve success with my academics but specifically enjoy participating in personal fitness and learning about the arts. I consider myself to be a visual and hands-on learner which transforms to my ability on the ice. Coaches enjoy having me on their team because of my tenacious personality and my creativeness with the puck. My goal is to take both my hockey and my schooling to the next level by continuing my education at the University level. Hope to see you out at some of our games!



2019-20 Team	Level	GP	G	A	Pts
Peterborough Ice Kats	U18AA	59	16	20	36



Central York JR Panthers
2021/22



6

Mikayla Cranney



Forward | 5'8" | 130 LBS. | Shoots Right
Born: 2005 | Aurora, ON | Grad 2023



Mikayla Cranney #6
Previous Team: Central York U18 AA
School: Aurora High School
Current Average: 93%
Academic Interest: Kinesiology and Education

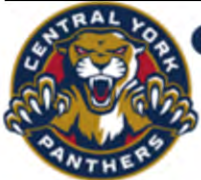
About Myself: I am a competitive athlete with a desire to get better every game, practice, and training session. The competitiveness continues into the classroom where I set goals for myself and strive to gain high marks. From years of playing hockey, I have learned the value in having a good work ethic, building team culture and pushing yourself beyond what you think is capable. These skills are something I bring to every training session and game along with a positive mindset and a willingness to get better. Post Secondary I am continuing my academic and athletic career at Queen's University where I will play with the Gaels and study kinesiology as it will give me an opportunity to stay involved with hockey and allow me to teach young kids the valuable lessons I have learned along the way.



Committed



2019-20 Team	Level	GP	G	A	Pts
Central York	U15AA	54	25	41	66



Central York JR Panthers
2021/22



8 Mackenzie Keenan



Forward | 5'8" | 155 LBS. | Shoots Right
Born: 2005 | Midhurst, ON | Grad 2023



Previous Team: Central York Junior Panthers
School: St. Joseph's Catholic High School
Current Average: 95%
Academic Interest: Chemistry, Chemical Engineering

About Myself: A smooth skating, highly skilled defencemen Mackenzie has participated in both U16 and U18 OWSHA High Performance Camps, captained the Barrie Sharks Bantam AA team, and strives to be her best in all aspects of her life. Mackenzie's commitment to excellence extends to her academics where she has consistently earned top grades in her high school courses.



2019-20 Team	Level	GP	G	A	Pts
Central York	U18AA	64	6	21	27



Central York JR Panthers
2021/22



9 Nikki Nayak



Defense | 5'6" | 130 LBS. | Shoots Left
Born: 2005 | Richmond Hill, ON | 2023



Previous Team: Central York Panthers Midget AA
School: St. Theresa of Lisieux Catholic High School
Current Average: 96%
Academic Interest: Health Sciences

About Myself: I am a hardworking student athlete, and my competitive nature drives my game on the ice. I started playing boys hockey at 5 years old and moved to girls hockey in my Bantam year. I have been playing with the Central York Panthers for four years and have made lifelong memories and friendships. My experiences throughout my hockey career have allowed me to learn a variety of skills and techniques that have improved my overall game. I was selected to attend the Gatorade Fueling the Future camp which was an unforgettable experience. I am a dedicated learner and have been an honor roll student in all my academic years. I have received MVP awards for my varsity girls hockey and volleyball teams as well as first place awards in track and field. I am on the athletic council at my high school and am looking forward to engaging in leadership roles. For my post-secondary education, I am interested in pursuing a career in the health care field while maintaining my involvement in hockey.

2019-20 Team	Level	GP	G	A	Pts
Central York	U15AA	54	6	32	38



Central York JR Panthers
2021/22



16 Abby Lunney



Forward | 5'6" | 135 LBS. | Shoots Right
Born: 2005 | Holland Landing, ON | 2023



Previous Team: Central York Panthers U18 AA
 School: Dr John M Denison Secondary School
 Current Average: 96%
 Academic Interest: Physical & Health education, Kinesiology



About Myself: I am a very motivated and dedicated student athlete who always strives to perform at my best. I have been playing hockey since I was 4 years old, and I fell in love with the game the first time I hit the ice. My family has supported me since day one. I started playing for Central York in the Fundamental program and I am proud to finish my minor hockey career as a Panther, in an association that I consider to be my second family. I have been lucky enough to play under amazing coaches and alongside some very talented teammates and friends. Hockey has taught me many things that will stick with me forever and have played a huge role in the person and player I am proud to be today, including teamwork, accountability, perseverance, respect and more. I have a very strong work ethic and am always trying to improve both on and off the ice as well as academically. My goals and dreams include to someday play professional hockey and ultimately play for Team Canada which I will continue to work for. My post-secondary plans are to continue my academic and athletic career at Nipissing University in North Bay, where I will be taking Physical and Health Education and playing hockey for the Lakers. I hope to someday become a Physical Education teacher and hockey coach. I plan to continue staying involved in sports and lead the active lifestyle in which I love.

Committed



2019-20 Team	Level	GP	G	A	Pts
Central York	U15AA	56	43	36	79



Central York JR Panthers
2021/22



19 Lauren Brulotte



Forward | 5'6" | 160 LBS. | Shoots Left
Born: 2004 | Guelph, ON | Grad 2022



Previous Team: Cambridge Roadrunners Midget AA
School: John F. Ross High School
Current Average: 88%
Academic Interest: Concurrent Education, Health Sciences, Kinesiology

About Myself: I have always been a multi sport athlete that strives to improve and play to the best of my abilities. I have been apart of many club teams including lacrosse, soccer, field hockey and ice hockey. I have also been involved in many school teams. I was nominated for athlete of the year my first two years of high school, and won MVP of the D10 girls hockey championship. Being this involved and busy with sports has taught me how to manage my time which has helped me maintain a high average in school.

For my hockey season last year, I was named captain of the team, and with covid-19 putting a halt to playing regular season games, and our team being split into two groups for practices, I took leadership in bringing our team together and setting up zoom meetings so we could stay in touch while not at the rink.

My post-secondary plans are to attend a university with a Concurrent-Education program so I can pursue me passion for teaching.

2019-20 Team	Level	GP	G	A	Pts
Cambridge Roadrunners	U18AA	61	22	28	50



Central York JR Panthers
2021/22



22 Lauren McEachen



Defence | 5'9" | 160 LBS. | Shoots Left
Born: 2004 | Scarborough, ON | 2022



Previous Team: Whitby Junior Wolves
 School: R.H King Academy
 Current Average: 91%
 Academic Interest: Health Science, Biology,
 Sports Medicine

About Myself: I am a quiet but fierce competitor who gives 110% every game. I play hard, and I work hard to keep improving my game with my goal to compete at the highest level. I am a successful when I am aggressive by anticipating the play, jumping into the rush and driving the net. I enjoy competition and play many sports to make myself a better athlete and team mate. I play Tier 1 U19 Women's Field Lacrosse at the Toronto Beaches since 2011, medaling silver in the OWFL Provincials in 2018 and the silver medalist in the 2019 World Youth Lacrosse Festival. I also participate in varsity Track & Field and Cross Country, qualifying for OFSAA in 2019 for 400m & 4x100m relay and the TDSB Cross Country City finals in 2015-2019. Academically, I am an honour roll student in the Future Leaders Pathway Program at R.H King Academy with a 91% average. I received the Year 1 Information & Communication Technology in Business Award, Year 1 Girls Leadership Award of Excellence in 2019 and the Ontario Principal Student Leadership Award in 2018. I am also an active Student Athletic Council Member from 2018-2021, awarded Athlete of the Year in 2019 & 2018.

2019-20 Team	Level	GP	G	A	Pts
Toronto Aeros	U18AA	59	9	20	29



Central York JR Panthers
2021/22



24 Alexa Giantsopoulos



Forward | 5'11" | 165 LBS. | Shoots Left
Born: 2004 | Markham, ON | Grad 2022



Previous Team: Central York Jr Panthers
School: St. Augustine High School
Current Average: 91%
Academic Interest: Disaster and Emergency Management

About Myself: I am a dedicated student-athlete who embraces a challenge and finds a way to conquer it. I have played hockey since I was 4 years old and learned many valuable life lessons throughout the way, especially the importance of teamwork and respect. Perseverance is key to my growth as a person and team member as I have a driven work ethic and won't stop until the job is done. I am loyal, respectful and courageous in achieving my academic, hockey and career goals. My next steps include going to York to get a degree in Disaster and Emergency Management, play hockey for the Lions and continue to work towards my goals. My career interest is with fire services so that I can be part of a team that provides service to the community



Committed



2019-20 Team	Level	GP	G	A	Pts
Central York	U18AA	63	35	32	67



Central York JR Panthers
2021/22



27 Kaitlyn McKnight



Forward | 5'6" | 160 LBS. | Shoots Left
Born: 2003 | Barrie, ON | Grad 2021



Previous Team: Central York Panthers PWHL
School: Barrie North Collegiate Institute
Average: 97%
Academic: Life Sciences, Human Biology
Commitment: University of Toronto



I am a dedicated and competitive player who's always looking for ways to improve my game. I started playing at 4 years old and have never looked back. I moved to the Central York Panthers 3 years ago and have had the best years of my career here. I have taken my game to a new level, made connections that will last a lifetime, and grown as a leader. I am a strong academic student and graduated as an Ontario Scholar in 2021 from Barrie North Collegiate Institute. I received Top Graduating Student and the Jack Hamilton Scholarship for being a role model in the community, an ambassador for the school, and a leader for younger students. I am also 3-time Athlete of the Year at BNC, have 5 MVP awards across various sports, and have captained our varsity flag football, soccer, and hockey teams. I am currently an assistant coach with a minor team in my area. I will be continuing my hockey career at the University of Toronto while studying Human Biology. After my post secondary education, I plan to go to medical school and pursue my dreams of being a neurosurgeon while continuing to grow the game by coaching minor hockey.

Committed



2019-20 Team	Level	GP	G	A	Pts
Central York	U18AA	60	31	30	61



Central York JR Panthers
2021/22



55 Kayla Kondo



Forward | 5'5" | 130 LBS. | Shoots Left
Born: 2005 | Brampton, ON | Grad 2023



Previous Team: Oakville Hornets U18 AA
 School: Cardinal Ambrozic Catholic Secondary School
 Current Average: 95%
 Academic Interest: Human Biology and Kinesiology

About Myself: I am an extremely dedicated, determined, relentless, and focused multi-sport athlete who always has a mindset of continuous improvement. I started playing the game of hockey when I was four years old. Hockey has not only allowed me to build relationships that last a lifetime but it has taught me how to be a leader, how to build a good team culture and how to overcome adversity. This will be my first year playing for the Central York Panthers and I can't wait to bring some of my greatest attributes to help lead the team to success. I also play box lacrosse for the Brampton Excelsiors and have been playing there for the past thirteen years. I recently competed at Nationals in British Columbia to represent Team Ontario in 2019 and won three MVP awards and a silver medal. During the 2017/18 hockey season, my team won Lower Lakes and finished first in our division. Since hockey is something that motivates me to wake up each morning I am looking to continue my career in university while studying Human Biology or Kinesiology.



2019-20 Team	Level	GP	G	A	Pts
North York	U15AA	62	30	28	58



Central York JR Panthers
2021/22



65 Hannah Clarke



Defense | 5'7" | 145 LBS. | Shoots Left
Born: 2005 | Richmond Hill, ON | Grad 2023



Previous Team: Central York Panthers U18 AA
School: The Country Day School
Current Average: 86
Academic Interest: Health Science/ Kinesiology



About Myself: I gravitated towards hockey early, as I love the aspect of the sport, and the life long friendships I make. I am a good teammate on and off the ice and always strive to elevate those around me. Hockey has allowed me to grow through resilience and determination which has transferred off the ice to my academics. I have a very strong work ethic and I like to work as hard off the ice as on the ice. I plan to study health sciences at University with a specialization in Kinesiology. In my spare time I like to play all sports including soccer, track and field, snowboarding and wakeboarding. I enjoy spending lots of time with my family; some of my best memories are summers on the boat at my cottage.

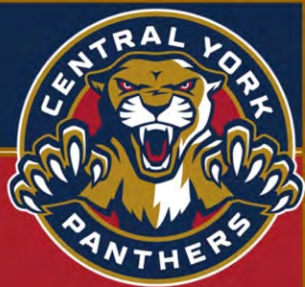
2019-20 Team	Level	GP	G	A	Pts
Central York	U15AA	52	7	24	31



Central York JR Panthers
2021/22



77 Brianna Winter



Defense | 5'7" | 135 LBS. | Shoots Left
Born: 2004 | Ajax, ON | Grad 2022



Previous Team: Central York Jr Panthers
 School: Pickering High School
 Current Average: 97%
 Academic Interest: Law, Humanities

About Myself: I am a left defence and assistant captain for the Central York Junior Panthers Hockey team. I love being a supportive and enthusiastic teammate and I view my communication skills on and off the ice to be one of my greatest strengths. I am comfortable being a stay at home defence although I am increasingly more comfortable joining the rush when I see the opportunity. This is my second year playing in Central York and I am extremely lucky to be playing my final year surrounded by an amazing team with an even better culture.



I take my academics very seriously, I am currently in my senior year of high school at Pickering High with a 97% academic average, maintaining honour roll status each year. In addition to hockey, I am a multi-sport player in high school, which includes field hockey, where we were the OFSAA Champions, captain of the ice hockey team, earning the MVP and on the rugby team. I am also currently a certified referee with the OWHA. I love having the opportunity to be a role model for some of the younger girls in minor hockey today. I would love to continue my hockey career in post-secondary school while also seriously focusing on my academics. I plan to major in the humanities field but my overall goal is to pursue a career in law where I hope to be a criminal defence lawyer.

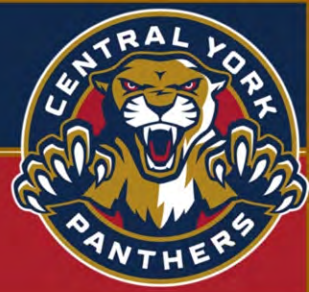
2019-20 Team	Level	GP	G	A	Pts
Durham West Lighting	U18AA	54	5	27	32



Central York JR Panthers
2021/22



88 Makenna Slocum



Forward | 5'8" | 135 LBS. | Shoots Right
Born: 2005 | Ajax, ON | Grad 2023



Previous Team: Aurora Midget AA
School: Ajax high school
Current Average: 95%
Academic Interest: Athletic trainer, sports psychologist

About Myself:

I am a two-hundred-foot player with a very strong work ethic who is looking to grow as an individual and as a hockey player. I am versatile, and possess both a strong hockey IQ and excellent game sense. I can see the entire ice and respond accordingly to support my teammates. I can be best described as a dedicated, and coachable team player who honours their commitments with integrity. I am a two-time Ontario Women's Hockey Association Provincial Champion and a repeated Lower Lakes Female Hockey League (LLFHL) medalist. I was involved with the Ontario Women's Hockey Association U16 High Performance Program. I have been granted both Captain and assistant Captain and I also won most dedicated player in Bantam AA. During my off season I play rep soccer to keep my conditioning up and am a crossfit enthusiast. My vision is to work with athletes in the area of therapy, whether it be physical or mental. I plan to apply to programs in the areas of Kinesiology and Psychology. In my spare time I like to play golf and paddle board.



2019-20 Team	Level	GP	G	A	Pts
Durham West Lightning	U15AA	44	22	40	62



Central York JR Panthers
2021/22



95 Zoe Frantz



Forward | 5'5" | 135 LBS. | Shoots Right
Born: 2004 | Newmarket, ON | Grad 2022



Previous Team: Central York Junior Panthers (2020-21)
School: Riverdale Collegiate Institute (Toronto)
Current Average: 96%
Academic Interest: Political Science, Law

About Myself: I started playing hockey a little later than most kids but when I played my first game, I was hooked on hockey. Over the years, I have really focused on skating, stickhandling and shooting and have become a player who loves setting up a big play, tipping pucks and helping out the D. My hockey role model is Doug Gilmour because he had a big heart, played two way hockey and was a great playmaker and timely goal scorer. I strive to be this kind of a player. I was thrilled to play on Team Lebanon this past summer and scored my first international goal against Team France in Paris. I am currently in grade 12 and I played on the varsity field hockey team that won the Toronto TDESSA championship in 2019 and was VP of our French Club and served on the Riverdale Athletic Association last year. I am a strong academic student and my goal is to play USPORTS hockey while studying political science. After obtaining my undergraduate degree, I plan to attend law school and focus on human rights.

2019-20 Team	Level	GP	G	A	Pts
Etobicoke Dolphins	U18AA	50	29	32	61



Central York JR Panthers
2021/22



99 Gaby Gareau



Forward | 5'9" | 150 LBS. | Shoots Right
Born: 2004 | Kanata, ON | 2022



Previous Team: Junior Central York Panther (PWHL)
School: Newmarket HS/Sacred Heart HS (Ottawa)
Current Average: 93% Academic Interest: Medicine, Health Sciences, Biology

About Myself: On top of hockey, I am also a versatile athlete. I am a wrestler who holds the 2019 Ontario winter games title and have been recruited to represent Ontario in the upcoming Canadian Winter Games in Niagara Falls, summer 2022. I additionally play rep softball in my hometown for the Stittsville 56ers. I enjoy demonstrating my love for hockey and giving back to the community by working in hockey summer camps, clinics, as well as by refereeing minor hockey and Softball



2019-20 Team	Level	GP	G	A	Pts
Nepean Wildcats	U18A	58	27	21	48



Central York JR Panthers
2021/22





CENTRAL YORK JR. PANTHERS

INTERMEDIATE "AA" 2021/22



FRONT ROW: BROOKE VACCARI, ABBY LUNNEY, KAITLYN MCKNIGHT, STEVE DEMPSEY, ALEXA GIANTSOPOULOS, JAMIE DAILEY, BRIANNA WINTER, REBECCA MORRISON

BACK ROW: MARK DUBEAU, ZOE FRANTZ, AVA FLINT, HANNAH CLARKE, AHALYA JULIEN-MEDEIROS, GABY GAREAU, MIKAYLA CRANNEY, LAUREN MCEACHEN, MACKENZIE KEENAN, MAKENNA SLOCUM, LAUREN BRULOTTE, KAYLA KONDO, NIKKI NAVAK

