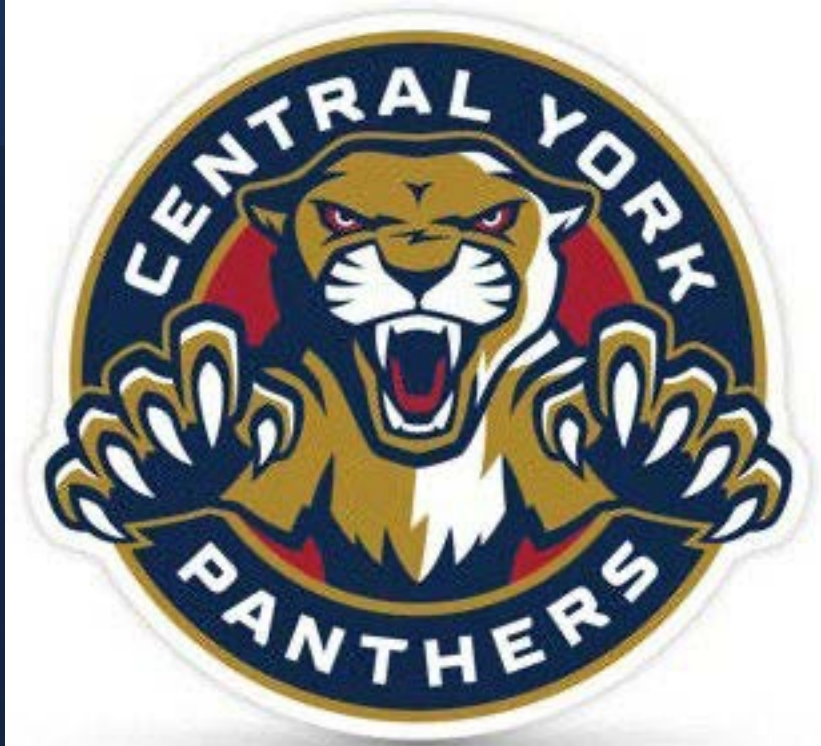


Central York Panthers
U18AA
2024-2025

Media Guide





Central York Panthers U18AA 2024-2025

Head Coach

Head Coach Steve Dempsey



This is Steve Dempsey's second year coaching the Central York Panthers U18AA team. Steve has focused his energy on both recruiting and building an elite homegrown high-performance program that offers players the opportunity to train and practice in a unique pre-university/pre-junior setting. Focusing on family core values like accountability, selflessness, attitude and respect, he is determined to build a program that resonates with like-minded character focused players.

Steve is really looking forward to working with these high-performance athletes and helping them to develop as players and, more importantly, as people.

Steve is also the Head Coach for the Central York U22AA team. Steve is using this opportunity to coach the U18AA team to help create a unique synergy between both teams that will elevate both programs.

coach@cygha.com | 416-550-7779



Central York
Panthers
U18AA
2024-2025

Coaches

Assistant Coaches



Chris Buckley



Carly Baker



Julianna Gallenero



Madison Byers



Central York
Panthers
U18AA
2024-2025

Tournaments

2024 Tournament Dates

Sept 6-8	Stoney Creek U18AA Showcase
Oct 11-13	Durham West U18AA North American Showcase
Dec 6-8	Kitchener-Waterloo USA-Canada Cup



Central York
Panthers
U18AA
2024-2025

Roster

Goalies		
13	Mackenna Terrey	2007
32	Cayley Barron	2009
Forwards		
4	Caroline Wo	2007
10	Avery Mann	2009
12	Keira Marley	2009
14	Abrienne Brumwell	2009
16	Sloane Cowan	2009
17	Shyla Gamble	2009
22	Serena DiStefano	2008
23	Kayla Lyn	2008
77	Ellie Lewington	2009
91	Elle Desilva	2010
21	Charlotte Endicott	2011
Defence		
9	April McCaughey	2009
11	Fiona Marley	2009
15	Mateya Briet	2009
79	Lily Latchford	2009
98	Briar Deckers	2010



#4 Caroline Wo

Position:	Forward	Shoots:	Left
Height:	5'4"	Weight:	115 lbs
Birth Year:	2007	Grad Year:	2025
School:	St. Theresa of Lisieux	Hometown:	Richmond Hill, ON
Average:	90%	Previous Team:	Central York Panthers U18AA
Academic Interests:	Kinesiology, Health Sciences		

On and off the ice, I am a dedicated and determined individual who strives to give my best in everything I do. My commitment to hard work and diligence drives me to succeed, whether I'm pushing myself in the rink or pursuing my goals beyond it. In the future, I want to pursue my passion of learning kinesiology during my university years.



#9 April McCaughey

Position:	Defence	Shoots:	Left
Height:	5'10"	Weight:	140 lbs
Birth Year:	2009	Grad Year:	2027
School:	Ajax HS	Hometown:	Ajax, ON
Average:	88%	Previous Team:	Whitby Wolves U15AA
Academic Interests:	Languages, Sciences		

I'm very excited to join the Panthers organization this year. I am a highly coachable hockey player, who is open to learning and developing, and is eager to work hard. As a teammate, I aim to bring a fun and positive energy to my team. In addition to beginning a strong on-ice communicator, I love to use my size, speed, and strength to achieve and retain puck possession. I am a dual citizen of the United States and Canada. My goal is to earn a degree and play hockey at the university level.



#10 Avery Mann

Position:	Forward	Shoots:	Left
Height:	5'6"	Weight:	130 lbs
Birth Year:	2009	Grad Year:	2027
School:	St. Peter's CSS	Hometown:	Peterborough, ON
Average:	80%	Previous Team:	Peterborough IceKats U15AA
Academic Interests:	Nursing		

I love the teamwork, strategy, and adrenaline rush that the sport brings. Off the ice, I am dedicated to working on my skills, staying fit, and studying the game to improve my overall performance. In the future, I aspire to play in the PWHL and continue to grow as a player and a person through the sport.



#11 Fiona Marley

Position:	Defence	Shoots:	Left
Height:	5'7"	Weight:	130 lbs
Birth Year:	2009	Grad Year:	2027
School:	St. Maximilian Kolbe	Hometown:	Aurora, ON
Average:	94%	Previous Team:	Central York Panthers U15AA
Academic Interests:	Law		

I have been playing hockey since age 4 and consider myself to be a dedicated student-athlete. I've learned a lot of valuable life lessons through hockey that I apply on and off the ice. While I am very committed to hockey, school is my first priority. On the ice, I am a resilient player who works hard in all areas of the game. I lead by example with my strong work ethic as well as my actions off the ice. I consider myself to be an offensively minded defense who makes smart, heads-up plays and creates offensive opportunities for my teammates. I want to continue playing hockey at university and ultimately pursue a career in law.



#12 Keira Marley

Position: Forward

Height: 5'8"

Birth Year: 2009

School: St. Maximilian Kolbe

Average: 93%

Academic Interests: Health Science,
Medicine

Shoots: Left

Weight: 125 lbs

Grad Year: 2027

Hometown: Aurora, ON

Previous Team: Central York
Panthers U15AA

As a dedicated student athlete, I have learned to balance and prioritize my training and academics. I believe in pushing myself to be my best on the ice and in the classroom. On the ice I am a gritty and positionally responsible forward. I can be relied upon during penalty kills and power plays to maintain a high tempo standard of play for all 3 periods of the game. I am a well-rounded student with excellent grades and I participate in school sports such as cross country, hockey and track. I hope to continue as a student athlete in university through Usport or a D1 school.



#13 Mackenna Terrey

Position:	Goalie	Catches:	Left
Height:	5'8"	Weight:	150 lbs
Birth Year:	2007	Grad Year:	2025
School:	Bradford District HS	Hometown:	Bradford, ON
Average:	76%	Previous Team:	Toronto Leaside Wildcats U18AA
Academic Interests:	History		

I am normally known as a people pleaser, preppy, high energy and super encouraging person. Anyone you ask will tell you I have an undying passion for competition, I was Captain of my soccer team (Barrie Renegades Soccer). I try to push myself within every training session to be better than not only the person next to me but than the person I was last practice. I want to grow up influencing younger kids not only on the ice as well as in a classroom. My dream has always been to inspire everyone around me to become the best person they can be.



#14 Abrienne Brumwell

Position: Forward

Shoots: Right

Height: 5'7"

Weight: 155 lbs

Birth Year: 2009

Grad Year: 2027

School: Holy Cross SS

Hometown: Kawartha Lakes, ON

Average: 86%

Previous Team: North York Storm U18AA

Academic Interests: Medicine

Interests:

I am a hard-working player that wins races to the puck, backchecks hard, and has a scoring touch. Off the ice, I am responsible and caring. I will always help out when I can and am always there for others. I am a perfectionist in school, always trying to achieve top grades and this will help me in the future as one of my main goals in life is to become a trauma or cardiothoracic surgeon.



#15 Mateya Briet

Position:	Defence	Shoots:	Right
Height:	5'9"	Weight:	155 lbs
Birth Year:	2009	Grad Year:	2027
School:	Uxbridge SS	Hometown:	Uxbridge, ON
Average:	94%	Previous Team:	Central York Panthers U15A
Academic Interests:	Science, Physical Education		

I would love to play University hockey, so that is one of my biggest goals. I would also love to go into veterinary medicine and help animals. In terms of who I am on and off the ice, I try my best to do my own training outside of our team events. For example, going to the gym a couple times weekly, practicing shots and stick handling, etc. On the ice, I always give 100% effort, no matter how I'm feeling. I try to be a leader by helping out my teammates, going first in line for drills, and making sure to communicate.



#16 Sloane Cowan

Position:	Forward	Shoots:	Right
Height:	5'7"	Weight:	110 lbs
Birth Year:	2009	Grad Year:	2027
School:	Country Day School	Hometown:	Caledon, ON
Average:	84%	Previous Team:	Central York Panthers U15A
Academic Interests:	Math & English		

On the ice, I try to give my best effort and push my limits to contribute effectively to my team's success. Off the ice, I am equally dedicated to doing well in my school, with the goal of pursuing higher education at a university and possibly playing hockey there. Balancing hockey and academics is challenging, but I am committed to giving my all in both areas, aiming to achieve personal and academic growth while setting the foundation for a successful future.



#17 Shyla Gamble

Position:	Forward	Shoots:	Left
Height:	5'5"	Weight:	120 lbs
Birth Year:	2009	Grad Year:	2027
School:	St. Maximilian Kolbe	Hometown:	Aurora, ON
Average:	97%	Previous Team:	Central York Panthers U15AA
Academic Interests:	Health Sciences, Medicine		

Being a student-athlete has helped me learn many valuable life lessons and has taught me determination, discipline and hard work. I first started playing hockey when I was four years old, and since then I have fallen in love with the game, and it has continued to guide me throughout my life up until this day. Apart from hockey I enjoy playing other sports at school including basketball and track. Academics are also a very important aspect to my life. I continue to strive to achieve a high academic status while balancing other aspects of my life including athletics. To me, hockey is not just about developing on the ice, it is about building friendships, making memories, and most importantly achieving lifelong qualities that will help me become a better person off the ice.



#21 Charlotte Endicott

Position:	Forward	Shoots:	Right
Height:	5'5"	Weight:	120 lbs
Birth Year:	2011	Grad Year:	2028
School:	County Day School	Hometown:	Richmond Hill, ON
Average:	93%	Previous Team:	Toronto Titans AAA (Boys)
Academic Interests:	Math & Science		

I have been playing hockey since I was four years old. I have played boys' hockey most of my life. My priority has always been to excel in school (so my parents let me play more hockey). I absolutely love hockey and my dream is a D1 scholarship and representing Team Canada in the Olympics. I love my sleep and food. When I am not on the ice or in the gym, you can find me on the tennis court or soccer field.



#22 Serena DiStefano

Position:	Forward	Shoots:	Left
Height:	5'10"	Weight:	155 lbs
Birth Year:	2008	Grad Year:	2026
School:	Cardinal Carter CHS	Hometown:	Richmond Hill, ON
Average:	87%	Previous Team:	Central York Panthers U18A
Academic Interests:	Science & Liberal Arts		

I am a dedicated and passionate student-athlete. I have played hockey since the age of four. I work hard and I am committed to giving one hundred percent both on and off the ice. Working collaboratively with my teammates is very important to me and is an essential part of my success. As well as hockey, I am an honour roll student and place a great deal of focus on my academics. I enjoy science, english, physical education and the arts. My future goals are to keep working hard at school and to play hockey at the university level, while earning my degree.



#23 Kayla Lyn

Position:	Forward	Shoots:	Left
Height:	5'5"	Weight:	125 lbs
Birth Year:	2008	Grad Year:	2026
School:	Bayview SS	Hometown:	Richmond Hill, ON
Average:	93%	Previous Team:	Central York Panthers U18AA
Academic Interests:	Math & English		

I am a responsible and hardworking student-athlete committed to constant improvement and growth. I take high priority in my academics and am enrolled in the International Baccalaureate programme. I play varsity flag football and field hockey while involved in various school clubs. My interests outside of hockey include backcountry camping, skiing and snowboarding!



#32 Cayley Barron

Position:	Goalie	Catches:	Left
Height:	5'5"	Weight:	145 lbs
Birth Year:	2009	Grad Year:	2027
School:	Huron Heights SS	Hometown:	Keswick, ON
Average:	90%	Previous Team:	Central York Panthers
Academic Interests:	French, Spanish, Science & Fitness		U15AA

My main goal that I have is to make a positive impact both on and off the ice. My first goal is to graduate high school with honours and go to university to major in kinesiology. On the ice, I strive to contribute to my team's success by giving my 110% effort at all times, even when it gets hard and be willing to learn and to adapt to new things. Off the ice, I focus on my own training (going on runs, strength and conditioning training, doing mental skills sessions) to continuously improve on my skills as a goalie and as a person.



#77 Ellie Lewington

Position:	Forward	Shoots:	Left
Height:	5'5"	Weight:	130 lbs
Birth Year:	2009	Grad Year:	2027
School:	Crestwood SS	Hometown:	Peterborough, ON
Average:	86%	Previous Team:	Peterborough IceKats U15AA
Academic Interests:	Science & Math		

In hockey, I'm a hard working defensive centre who loves penalty killing and working for the puck in the corners. The greatest strengths I bring to my team is my positivity and work ethic. Every practice I give 100%. I take my training serious, but I also love making my teammates laugh and smile, so they know I'm always there to support them. I love sports in general and when I'm not playing or training for hockey, I'm usually found on the soccer field - I'm a goalie for my rep soccer team. Playing this position has really helped me better focus and mentally prepare for games. It's also taught me how to be resilient and pick myself and teammates up when we're having a bad game. I'm a member of my high school's fitness and leadership program (Crestwood Edge Athletic Program). After high school I hope to further my education in chemistry, forensics or criminology.



#79 Lily Latchford

Position:	Defence	Shoots:	Right
Height:	5'6"	Weight:	130 lbs
Birth Year:	2009	Grad Year:	2027
School:	St. Peter's CSS	Hometown:	Douro Dummer, ON
Average:	94%	Previous Team:	Peterborough IceKats U15AA
Academic Interests:	Math & Science		

I am currently heading into 10th grade at Saint Peters Catholic Secondary School. I have been playing hockey since I was 5 years old and would love to further my journey into playing University hockey in the upcoming years. While doing this, I would also like to get a degree in the medical field. Off the ice I can be described as a kindhearted, determined, and intelligent individual while putting my spare time into school and extra curricular activities. I am looking forward to my first season as a Panther!



#91 Elle DeSilva

Position:	Forward	Shoots:	Right
Height:	5'8"	Weight:	140 lbs
Birth Year:	2010	Grad Year:	2028
School:	Saint Maximilian Kolbe	Hometown:	East Gwillumbury, ON
Average:	93%	Previous Team:	Central York Panthers U15AA
Academic Interests:	Medicine		

On the ice I am a power-forward, a good teammate and hard working. Off the ice I am a very kind person who is dedicated and loves family and friends. I would like to play in the NCAA or Usports and play in the PWHL. From a career standpoint, I would like to be in the medical field.



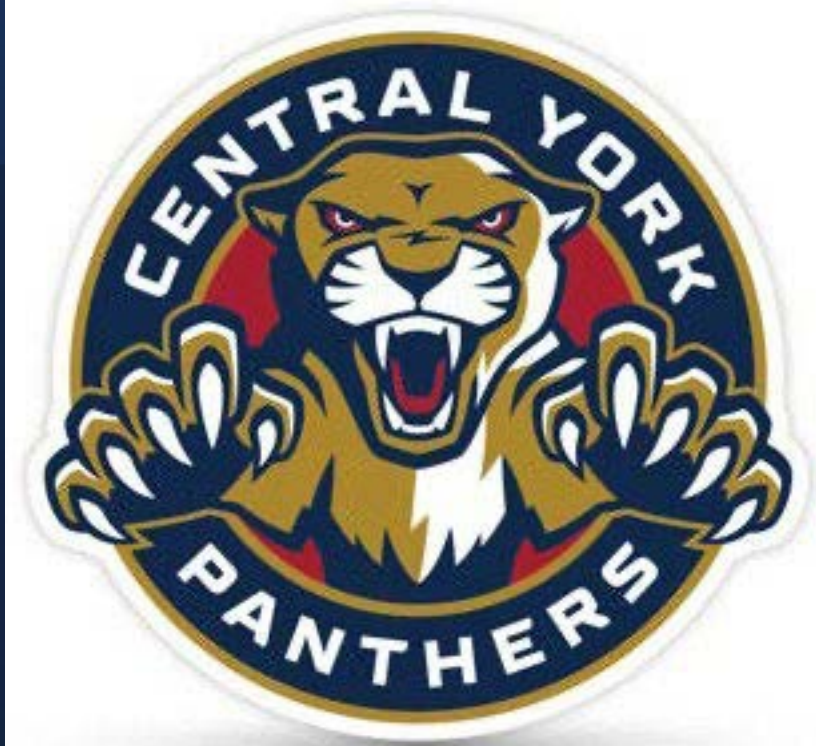
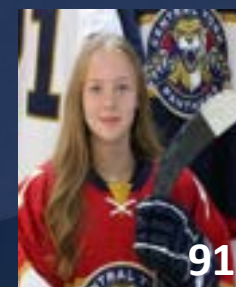
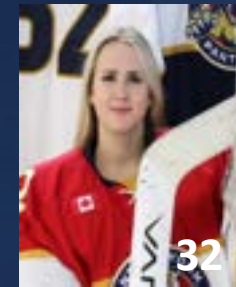
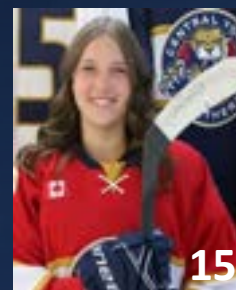
#98 Briar Deckers

Position:	Defence	Shoots:	Right
Height:	5'8"	Weight:	157 lbs
Birth Year:	2010	Grad Year:	2028
School:	Westside SS	Hometown:	Grand Valley, ON
Average:	89%	Previous Team:	Stoney Creek Sabres U15AA
Academic Interests:	Business & Law		

On the ice I am a strong, physical defender. I play a calm and confident style of hockey. I play heads up and have good hockey IQ. I am a good teammate, and carry myself with a reserved, confident nature. My goals for the future are to play D1 hockey and further my education. I hope to attend law school too. I would describe myself as dedicated, organized and resilient.

Central York Panthers U18AA

2024-2025



Central York Panthers U18AA 2024-2025

Thank you to our sponsors



menARD



THE
YOGA YARD

YOGA • NATURE • CONNECTION

